

Fairhaven Recreation Department

SPRING PROGRAMS 2025



REGISTRATION + POLICY

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Recreation Director

Rachel Martin
Program Coordinator

Jennifer Cardoza
Recreation Assistant

PARTICIPANTS RESPONSIBILITY

We ask all participants to respect the staff, other participants, age requirements, and the equipment. Please refrain from causing bodily harm to others and from using foul language. Additional rules will be announced at each program. If a participant fails to cooperate with the rules, the Director reserves the right to dismiss or suspend a participant in any program without a refund of fees. Fairhaven Recreation open gym is not a day care, after-school care program or babysitting service. All participants must pre-register for all programs. **An adult must accompany children under 12 for Open Gym.** The Recreation Supervisor on duty is only responsible for the activity taking place within the gym. Please be on time dropping off and picking up children from their programs. Failure to do so will result in additional cost

HOW TO REGISTER

ONLINE: www.fairhavenrecreation.activtyreg.com: Click Register For Programs > Click Account to log in using your email and password. **-OR- Create an account > Click Create a New Account > Enter email address and enter information as prompted for each family member. Click Register > choose Programs or Activities (select program season, category, activity)**

WALK IN: Public hours at the Recreation Department. Checks (payable to Fairhaven Recreation), credit card (card must be present) or cash.

CONFIRMATION: Online registrations receive a receipt via email. All others please consider the registration accepted and report to your programs unless the Recreation Department notifies you.

penalties or suspension from programming. Children should not be left unattended.

MEMBER CARD

Your member card must be with you when entering the building. You will be asked to scan it at the front desk as you enter the Recreation Center. Your card also gives you the opportunity to participate in all open gym activities. Play Cards will be issued at the Recreation Center during normal business hours. To obtain a Play Card you must provide 2 proofs of residency. Acceptable proofs of residency include a current utility bill, voter registration card or driver's license.

PROGRAM REGISTRATION

All fees must be paid in advance. A person is registered when his/her payment and registration form have been accepted by the Recreation Department or a person has registered online. The Department reserves the right to cancel a program due to insufficient registration or if there are other reasons to prevent an acceptable presentation of an activity. There is a \$25 fee payable to the Town of Fairhaven for returned checks. Programs must meet the minimum number of participants seven business days prior to start date or the program will be canceled. To avoid this, register early! When a program meets the maximum number of participants, you are encouraged to sign up for the wait list. Fairhaven Recreation will try to accommodate you if the program allows expansion. Fairhaven residents are given priority placement off the wait list.

AGE REQUIREMENTS

Participants must be of noted age or grade by the first day of the program in which they are enrolled.

WEATHER CANCELLATIONS

When the Fairhaven Public Schools are closed because of emergencies or weather conditions, all Recreation Department programming will be canceled for the entire day. If a storm develops later in the day please call the Recreation Department for an update.

SWITCHING PROGRAMS

If space allows you may switch programs, but a \$10 fee will apply.

REFUNDS

All programs are non-refundable, unless, the Recreation Department cancels a program. If you request to with-draw from a program you will only be refunded if sufficient time is allowed so that a replacement can be found and no costs are incurred by the department. There will be a \$10 administrative fee taken from the refund regardless.

PHOTO POLICY...SMILE

The Recreation Department and/or press take pictures and video on occasion of participants for publicity purposes and for local cable. If you don't want to have your child photographed please let us know.

INCLUSION

Fairhaven Recreation is committed to providing accessible services to ALL Fairhaven Residents. Staff members are sensitive to your needs and will do everything possible to assist you. If you are interested in participating in a program, but are not sure about the facility, or wish to discuss program details, please call the program coordinator to ask about specifics.

PERSONAL BELONGINGS

Please do not bring any valuables, toys or games to our programs. The Recreation Department is not responsible for lost or stolen articles. To be safe, leave articles at home unless necessary for the program.

MEMBERSHIP INFORMATION

The Fairhaven Recreation Center offers two memberships: Play Cards and Full Memberships.

Play Cards give access to open gym activities and all programs at the member rate. A full membership gives access to the wellness room, open gym activities and all programs at the member rate.

PLAY CARD RATES:

Age	Resident	Non-Resident
Child	\$35/year	\$70/year
Senior	\$35/year	\$70/year
Adult	\$50/year	\$100/year

Additional Info: Open Gym schedule is subject to change. Certain specialized activities are designated for select days + times. The current schedule for designated gym time is listed here:

Mondays, 6:00-8:00pm - Adult (18+) Basketball

Wednesdays, 6:00-8:00pm - Volleyball

Mon-Fri, 8:00am-10:00am - Pickleball*

Tuesdays, 12:30pm-2:30pm - Pickleball*

Fridays, 12:30pm-2:30pm - Pickleball*

*Join us for open play pickleball each morning! All levels welcome—including beginners. Paddles are not provided. RSVP on playerlineup.com is encouraged.

FULL FACILITY RATES:

Age	Resident	Non-Resident
Student	\$80/year	\$160/year
Senior	\$80/year	\$160/year
Adult	\$120/year	\$240/year

Additional Info: Members must be 16+. Those under 18 require parent consent and must complete a training before joining. All members must complete a health history questionnaire to use the Wellness Room.

Fully equipped with recumbent and upright bikes, a rowing machine, treadmills, ellipticals, a Stairmaster, fixed strength machines, and a full set of dumbbells. Our Wellness Room is the perfect space for a full-body workout in a calm, non-intimidating environment.

While personal training isn't available at this time, our staff can give you a tour and demonstrate how to use the machines.

DAILY PASS: Daily passes are available for any non-member or non-resident to enter the facility for \$10.

RENTALS

The Rec Center has gymnasium and multi-purpose space to rent after hours. Contact the office to book!



BIRTHDAY PARTIES

The best birthday parties in town are at the Fairhaven Rec Center. Contact the office to book!



Follow us on Facebook to stay informed on our latest programs, events and other news!

@FairhavenRecreationDept



YOUTH PROGRAMS

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"TROLLS" MUSICAL THEATRE *Ages 5-13*

Aly Pereira

Fairhaven Recreation Center

Wed, Apr 9 - May 28, 3:45 PM-4:45 PM

(6 Classes) No Class 4/23 & 5/14)

Member: \$105 | Non Member: \$110



Come join in on the fun of learning how to take part in a musical theatre performance. Children will learn the basics of putting together a production. In this class, boys and girls will audition for a role in the musical "Poppy's Medley Excerpts." This play has been rewritten along the theme of the original "Trolls." Children will sing, dance, and act their way into a world of excitement. Costumes are encouraged, but not necessary. No experience needed. Everyone receives a speaking role of some kind.

KOOLKIDS APRIL VACATION *Grades K-5*

Recreation Staff

Fairhaven Recreation Center

Apr 22nd - Apr 25th, 8:00 AM - 4:00 PM

Members: \$42 a day | Non-Members: \$45 a day

Get ready for a fantastic time at the Kool Kids April Vacation program! Designed for children in kindergarten through 6th grade, each day is packed with fun activities, including games, team-building challenges, STEAM projects, and art. Your child will make new friends and create lasting memories. Don't forget to pack a lunch, snacks, and a reusable water bottle, and be sure to wear comfy clothes and sneakers!

YOUTH SOCCER PROGRAM *Ages 6-8*

Recreation Staff

Fairhaven Recreation Center

Tues., Apr 22- May 27, 5:00 PM - 6:00 PM

Members: \$50 | Non-Members: \$60

This class introduces children to the basic concepts of soccer while emphasizing fun and friendships. Our instructors create a positive learning atmosphere that encourages children to have fun with the sport. We use various fun exercises and games to help children build a strong foundation for development. In cases of rain, class will be held in the rec center gym. Cleats & Shin Guards encouraged but not necessary.

HOME ALONE SAFETY *Ages 8-11*

Beth Oleson

Fairhaven Recreation Center

Tues., May 27, 5:30 PM - 7:30 PM

Members: \$40 | Non-Members: \$45

This course is ideal for children ages 8-11 who spend short periods alone at home. It teaches accident prevention, first aid, and safety skills for answering doors and phones, along with fire prevention strategies. Engaging and interactive, the program uses discussion, videos, and role-playing to build confidence. Don't forget to bring a snack!

BABYSITTING WORKSHOP *Ages 10-13*

Beth Oleson

Fairhaven Recreation Center

Mon., Jun 2, 5:30 PM - 7:45 PM

Members: \$40 | Non-Members: \$45

Get ready for a fun babysitting adventure! This course covers everything from creative routines to first aid, diapering, and discipline. Kids will also learn about contracts, ethics, safety, and accident prevention. Designed for ages 10-13, this interactive program is both educational and enjoyable. Remember to bring a snack!

AFTER SCHOOL SPORTS



Dodgeball
Grades 2 thru 5
May 7th - June 4th
Wednesdays
3:30PM - 4:30PM

Member: \$40 / Non Member: \$50



Pickleball
Grades 3 thru 5
May 9th - June 6th
Fridays
3:30PM - 4:30PM

Member: \$40 / Non Member: \$50

CSI INVESTIGATION
March 20th - April 24th
Thursdays
4:00pm - 5:00pm
Ages: 7-10
Member: \$130 / Non Member \$145

YOUTH + PRE-K PROGRAMS

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QB Workshop

Sundays, Apr 6th - May 4th (no 4/20)

Grades: 6th -10th

Fee: Member-\$20 | Non-Member-\$25

Join us for an exciting Quarterback Workshop led by Jayce Duarte, former Fairhaven High Blue Devils QB! Young football players will have the opportunity to enhance their quarterback skills through a variety of throwing drills, footwork exercises, and agility training. This program is designed to improve accuracy and overall athleticism while learning from an experienced local athlete. Don't miss this chance to take your game to the next level!

WIGGLES & GIGGLES WITH GREYSON *birth-one year*

Fairhaven Recreation Center

Fridays Beginning March 7th - 10:30 AM-11:30 AM

Free! No membership required but registration encouraged.

Wiggles & Giggles is a fun and engaging infant playgroup where babies birth through age 1 and caregivers can connect! For littles who are starting to wiggle, roll, and move, this playgroup offers playful activities to make tummy time exciting and encourage early movement. Parents can meet other families, share experiences, and enjoy a welcoming space to bond with their babies. Join us for laughter, learning, and lots of giggles!

TUMBLE TIME PRE-K FREE PLAY *All ages*

Fairhaven Recreation Center

Tuesdays, 10:30 AM-12:00 PM (Last day June 10th)

Free! No registration or membership required.

Come Join us for a time of pre-k family free play! We will place mats, tunnels, playhouses, rockers, trikes, stilts and more out in the gym for families with little ones to enjoy. There is no instructional time, just free play. This program will not run during school vacation weeks.

PRE-K NATURE PROGRAM *Ages 2-6*

Fairhaven Recreation Center

Tues. Apr. 22 - May 27 10:30 AM-11:30 AM

Members: \$35 | Non-Members \$45

Introduce your little ones to the wonders of nature with our engaging program! Through nature walks, hands-on activities, Storytime, and creative crafts, children will explore ecosystems, spark curiosity, and develop a love for the environment—all while having tons of fun!

PRE-K SOCCER PROGRAM *Ages 3-5*

Recreation Staff

Fairhaven Recreation Center

Tues. Apr. 22 - May 27 4:00 PM - 4:45 PM

Members: \$50 | Non-Members \$60



This is a dynamic and interactive class that introduces children to the basic concepts of soccer while emphasizing fun, imagination, and socialization. Through age-appropriate activities and games, our instructors create a positive learning atmosphere that encourages children to explore and experiment with the sport. Our sessions focus on developing key motor skills such as running, jumping, kicking, and coordination. We use various fun exercises and games to help children build a strong foundation for athletic development. In cases of rain, class will be held in the rec center gym.

KINDERDANCE® BALLET/TAP *Ages 3-6*

Kinderdance & Fitness of NE Staff

Fairhaven Recreation Center

Fri, May 2-Jun 13, 10:00 AM-10:40 AM (7 Weeks)

Member: \$105 | Non-Member \$110

Step into a playful dance journey with Kinderdance®! Watch your child explore Ballet, Tap, and Creative Movement while diving into dance, music, and fitness. With our dedicated instructors focusing on the whole child, this program offers a flexible, stress-free way to introduce your little one to dance in a fun group setting. Plus, you'll receive regular progress updates, keeping you informed on their skill development. It's the perfect start to their dance adventure, blending joy with educational growth!

KINDERTOTS TODDLER DANCE/TUMBLE® *Ages 2-3*

Kinderdance & Fitness of NE Staff

Fairhaven Recreation Center

Fri, May 2- Jun 13, 10:45 AM-11:25 AM (7 Weeks)

Member: \$105 | Non-Member \$110

Join the fun with our Kindertots program for two-year-olds! With a caring instructor guiding the way, your little one will enjoy a safe and nurturing introduction to their first independent group class. Through playful movement exploration, they'll develop gross motor skills, creativity, physical abilities, and body awareness—all while having a blast reinforcing early learning concepts.

ADULT PROGRAMS

CARDIO MIX *Ages 16+*

Julie Biardi

Fairhaven Recreation Center

Tue + Thu, Mar 25 – May 29, 6:45-7:45 PM

(20 sessions)

Members: \$55 | Non-Members \$80

On **Tuesday nights**, challenge your stamina and endurance with **TABATA**, a high-intensity workout featuring 20 seconds of intense exercise followed by 10 seconds of rest, repeated in 4-minute rounds. On **Thursday nights**, focus on toning your arms, abs, and assets in **AAA**, a fun and effective class combining weights, body-weight exercises, and mat work to help you build strength and sculpt your body. Perfect for all fitness levels! Students need to bring hand weights, mat & big stability ball to class.

SHAPE IT UP *Ages 16+*

Nancy Gibeau

Fairhaven Recreation Center

Tue + Thu, Feb 20 - Apr 29, 5:30-6:30 PM

(20 sessions)

Members: \$50 | Non-Members \$75

The focus will be toning of abs, arms, legs and glutes thru the use of weights and floor work while incorporating some cardio workouts. Join our family—everyone is welcome! We enjoy vintage tunes, with tons of laughter and respect for what we accomplish each class. Please bring with you 2 sets of hand weights: a lights set from 3—5 lbs and a heavier set 5—8 lbs.

SUNRISE GENTLE STRETCH YOGA *Ages 16+*

Julie Fostin

Fairhaven Recreation Center

Mondays, Apr. 7 - Jun 9, 6:15 AM-7:15 AM

Members: \$30/session or \$5 drop-in

Non-Members \$50/session or \$7 drop-in

A combination of postures coordinated with the breath, Performed at a gentle pace which allow time to be present at each pose. With a soft approach, Gentle Yoga focuses on stress reduction, breath work, stretching, strengthening and balance. All levels welcome!



FREE Senior Walking
Monday-Friday
12:00pm - 12:30pm

Benefits of Walking

- ✓ Strengthens muscles
- ✓ Controls cholesterol levels
- ✓ Regulates blood pressure
- ✓ Reduces stress
- ✓ Delays aging
- ✓ Boosts immunity
- ✓ Improves heart health
- ✓ Burns fat



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Flashlight
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FRIDAY, APRIL 11TH
7:00PM - 9:00PM
FAIRHAVEN REC CENTER
COST: \$7.00

***DON'T FORGET YOUR FLASHLIGHT & CAMERA FOR A PICTURE WITH THE EASTER BUNNY!**

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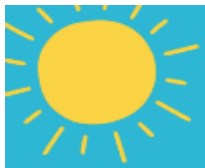
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MORE TO EXPLORE

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2025 Summer Camp



Week 1: 6/23- Theme: Wild, Wild, West
Field Trip: Providence Children's Museum

Week 5: 7/21- Theme: Safari Adventure
Field Trip: SouthWick Zoo

Week 2: 6/30- Theme: Beach Bash
Field Trip: South Coast Mini Golf

Week 6: 7/28- Theme: Carnival Week
Field Trip: Lego Discovery Center

Week 3: 7/07- Theme: Amazing Race
Field Trip: Dudek Bowling Lanes

Week 7: 8/04- Theme: Super Hero Training
Field Trip: Monster Mini Golf

Week 4: 7/14- Theme: Space Adventure
Field Trip: Water Wizz

Week 8: 8/11- Theme: Under the Sea
Field Trip: Mystic Aquarium

Week 9: 8/18- Theme: Disney Days
Field Trip: Wicked Waves

Member: \$205 (per week) ~ Non Member \$230 (per week)
Pay in full by March 1st receive a 10% discount
Multi-Child Discounts Offered

